

LISTENING PROJECT

We're the ones who talk to each other.

'The Game Rules' for conversations with 4 to 5 people
(will be read out aloud at the beginning)

- At the beginning, everyone writes on a card what they want to talk about. After that the other 'game rules' are read out aloud.
- Each topic is spoken about in turns of 20 minutes. The time for this is indicated by the black sandglass.
- The red 30-second sandglass provides a time of silence and concentration before and after reading a topic.
- If you want to talk about your topic first, you start the entire conversation by turning these two hourglasses.
- After a silence of 30 seconds, she_he reads to her_his topic without commenting on it in this moment.
- After another silence, it is now time for everyone to 'say' or 'ask' something, clockwise one after the other.
- Once the 20-minute hourglass has expired, the time for the next topic begins.
- Once the last topic has been spoken about, the conversation is brought to an end.

What I can do in the conversation

- When it's my turn, I state what is most important to me. There are no right or wrong and no 'better' or 'worse' contributions.
I speak from my heart and I'll be brief.

Either...

I describe a thought that came to me while listening to the text or to the conversation. I may stray away from the topic.

Or: I ask the person who has read aloud a question to which they can answer directly.

Or: I describe a thought that came to me 'otherwise'.

Or: I ask an important question that remains unanswered.

Or: I for whatever reason pass on to the next one.

Or: I start a silence of 30 seconds – time to 'listen' for everyone.

When I'm done, I point to the left and pass it on to the next one..

When I'm finished, I point to the left and pass on.

- As a listener, I listen to what the speaker is saying and at the same time listen to what thoughts are developing inside of me.
- Any time I can start a 'speed round'. For everyone in the round, there are 30 seconds. This possibility exists when someone has finished speaking.
- Everyone is 'lovingly' taking care that these rules of conversation are followed.